


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
 <h1>October 2024</h1>		1 8:30 Hydration Cart 9:30 Group Exercise 10:00 Finish the Phrase 11:00 Parachute with Music 2:00 Let's be Creative ARTS AND CRAFTS 4:00 Social Hour / Music	2 8:30 Hydration Cart 9:30 News and Views 10:00 Physical Activity 11:00 What would you do 2:00 POKENO GAMES 3:00 Social Hour Coffee 4:00 Stress Relaxation <small>Rosh Hashanah Begins</small>	3 8:30 Hydration Cart 9:30 Exercise / Daily News 10:00 Family Feud Trivia 11:00 Group Sensory - Music 2:00 JEWELRY CLASS 3:00 Rosh Hashanah Social 4:00 Music relaxation	4 8:30 Hydration Cart 9:30 Morning Exercise 10:00 Parachute with Music 11:00 Volley Ball - Sensory 2:00 Catholic Visits (WDR) 2:00 Happy Hour Friday 4:00 Do you Remember	5 8:30 Hydration Cart 9:30 Morning Activity 10:00 1-1 Floor Bowling 11:00 One to One Manicure 2:00 AFTERNOON BINGO 3:00 Social Hour Coffee 4:00 Afternoon Movies		
		6 8:30 Hydration Cart 9:30 Group Discussion 10:00 Physical Activity 11:00 Geographic Trivia 2:00 Religion with Rey 3:00 Football Sunday 4:00 Table Games - Trivia	7 8:30 Hydration Cart 9:30 Morning Stretch 10:00 American Trivia 11:00 Name that movie star 2:00 Afternoon BINGO 3:00 Social Hour / Music 4:00 What would you do	8 8:30 Hydration Cart 9:30 Morning Thai chi on TV 10:00 Physical Activity 11:00 Name that movie star 2:00 It's National Taco Day TACO TUESDAY 4:00 1-1 Room Visits/Music	9 8:30 Hydration Cart 9:30 Current Events 10:00 Tennis - Exercise 11:00 Painting Creation 2:00 Name that movie Star - Group Trivia 4:00 Comedy Central	10 8:30 Hydration Cart 9:30 National Geographic 10:00 Racket Ball Exercise 11:00 American Trivia 2:00 The Price is Right 3:00 Social Hour Coffee 4:00 Music Relaxation	11 8:30 Hydration Cart 9:30 Floor Bowling / Music 10:30 Group Discussion 11:00 Monopoly/Trivia 2:00 Catholic Mass (MDR) Communion/ Visits 4:00 Happy Yom Kippur <small>Yom Kippur Begins</small>	12 8:30 Hydration Cart 9:30 Group Discussion 10:00 Let's be Creative 11:00 Manicures/Massage 2:00 Christian Service Bible Study (MDR) 4:00 Welcome Committee
		13 8:30 Hydration Cart 9:30 Group Discussion 10:00 Sports Trivia - Music 11:00 Group Activity - Music 2:00 Horsereading Game 3:00 Social Hour Coffee 4:00 Sunday Football	14 8:30 Hydration Cart 9:30 Morning social - News 10:00 Basketball Exercise 11:00 Name that tune Trivia 2:00 Afternoon Bingo 3:00 Coffee Social 4:00 1-1 Room Visits <small>Indigenous Peoples' Day</small>	15 8:30 Hydration Cart 9:30 What's your story 10:00 Finish that tune 11:00 Charade - Sensory 2:00 Waffles with Ice Cream - Social 4:00 Reminiscing Group	16 8:30 Hydration Cart 9:30 Newsday / Exercise 10:00 Bocci - Bowling 11:00 1950's - 1960's Trivia 2:00 SIP AND PAINT <small>Painting Creation</small> 4:00 Stress Relaxation <small>Sukkot Begins</small>	17 8:30 Hydration Cart 9:30 Group Exercise / News 10:00 Physical games 11:00 Challenge Games 2:00 FALL AUCTION 3:00 Social Hour Coffee 4:00 Tell us your story	18 8:30 Hydration Cart 9:30 Group Discussion 10:00 Physical Activity 11:00 Name that movie star 2:00 Catholic Visits(WDR) 2:00 Oktoberfest Celebration Happy Hour / MUSIC	19 8:30 Hydration Cart 9:30 Morning Social/News 10:00 Hand Massage <small>Manicures - Music</small> 2:00 Family Bingo/Social 3:00 Music Relaxation 4:00 Group Discussion
		20 8:30 Hydration Cart 9:30 Chair Aerobics 10:00 Painting Creation 11:00 Remember 1950's 2:00 Religion with Rey 3:00 Sunday Football (WDR) 4:00 Stress relaxation	21 8:30 Hydration Cart 9:30 Presidential Trivia 10:00 History Circle 11:00 Name that movie star 2:00 AFTERNOON BINGO 3:00 Scrabble - Monopoly 4:00 Reminiscing group	22 8:30 Hydration Cart 9:30 Morning Exercise 10:00 12 Months Trivia 11:00 Word Search Trivia 2:00 DEAL OR NO DEAL 3:00 Cooking Club <small>Cup Cake Social -Music</small>	23 8:30 Hydration Cart 9:30 Senior Aerobics 10:00 Physical Activity 11:00 Presidential Trivia 2:00 HORSERACING GAME 3:00 Social Hour Coffee 4:00 Music Relaxation	24 8:30 Hydration Cart 9:30 Morning Exercise 10:00 Group Sensory - Trivia 11:00 Parachute with Music 2:00 Pumpkin Decorating Context - Social 4:00 1-1 Room Visits	25 8:30 Hydration Cart 9:30 Group Discussion 10:00 Physical Activity 11:30 Take Out Friday- Lunch 2:00 Catholic Visits(WDR) 3:00 Friday Happy Hour <small>Strawberry Daiquiri</small>	26 8:30 Hydration Cart 9:30 Group Exercise/News 10:00 Manicures/Massage 11:00 Word Search Trivia 2:00 AFTERNOON BINGO 3:00 Name that tune/Music 4:00 1-1 Room Visits
		27 8:30 Hydration Cart 9:30 Morning Social 10:00 Halloween Stories 11:00 Dance Class exercise 2:00 Pokeno Games 3:00 Movie Matinee/Social 4:00 Football Sunday	28 8:30 Hydration Cart 9:30 Group Discussion 10:00 Physical Activity 11:00 Racket Ball Exercise 2:00 Resident Council Meeting - Social Hour 4:00 Welcome Committee	29 8:30 Hydration Cart 9:30 Current Events 10:00 Word Search - Trivia 11:00 Physical Activity 2:00 Everything Ice cream 3:00 Social Hour Coffee 4:00 Keep'em Laughing	30 8:30 Hydration Cart 9:30 Group Activity - Trivia 10:00 Volley Ball Exercise 11:00 Group Sensory - Music 2:00 Resident Birthday Party - Music Ent 4:00 Social hour - Music	31 8:30 Hydration Cart 9:30 Bowling Competition 10:00 Physical Activity 11:00 Halloween Trivia 2:00 Staff Halloween Costume Party - Music 4:00 Welcome Committee <small>Halloween</small>		