

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 8:30 Hydration Cart 9:30 Coffee Social - News 10:00 Group Exercise-Music 11:00 Finish the Phrase 2:00 Afternoon Bingo Game 3:00 Board Games - Music 4:00 1-1 Room Visits - Music <small>Canada Day</small>	2 8:30 Hydration Cart 9:30 Group Activity - News 10:00 Table Bowling - Music 11:00 Finish the Phrase 2:00 Let's Be Creative 3:00 American Trivia 4:00 Music Relaxation	3 8:30 Hydration Cart 9:30 News and Exercise 10:00 Word Search Trivia 11:30 4th OF JULY BBQ (ALL UNITS) 2:00 4th Of July Arts & Craft 3:00 Finish the Phrase	4 8:30 Hydration Cart 9:30 What would you do 10:00 Crossword Puzzle 11:00 Young at heart Trivia 2:00 4th of July Celebration 3:00 Board Games - Trivia 4:00 1-1 Room Visits <small>Independence Day (US)</small>	5 8:30 Hydration Cart 9:30 Physical Activity 10:00 Finish that tune 11:00 Group Sensory - Trivia 2:00 Happy Hour (MDR) 2:00 Catholic Visits (West DR) 4:00 Movies (Sound of Music)	6 8:30 Hydration Cart 9:30 News and Exercise 10:00 Manicure and Hand Massage - Music 2:00 Family Bingo / Social 2:00 Christian Service Bible Study (West DR)	
7 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 What would you do 11:00 1-1 Floor Bowling 2:00 Religion with REY 3:00 Music Sensory 4:00 Welcome Committee	8 8:30 Hydration Cart 9:30 Morning Exercise 10:00 Racket Ball - Sensory 11:00 Name that Movie star 2:00 Music Entertainment with Michael Harley 4:00 Group Discussion	9 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Group Sensory - Trivia 11:00 Floor Bowling 2:00 SUMMER AUCTION 3:00 Music Sensory 4:00 Movie time - Social	10 8:30 Hydration Cart 9:30 Yoga Class - Music 10:00 Parachute - Sensory 11:30 Outdoor BBQ - Music 2:00 Dancing with the Staff - Music 4:00 Social Hour - Movies	11 8:30 Hydration Cart 9:30 Group Exercise / Music 10:00 1-1 Trivia - Sensory 11:00 Remember 1960's 2:00 Everything Ice Cream 3:00 Finish that song - Trivia 4:00 Comedy Central	12 8:30 Hydration Cart 9:30 Dance Class Exercise 10:00 Floor Bowling 11:00 Group Activity 2:00 Catholic Mass / Visits 3:00 Word Challenge 4:00 1-1 Room Visits	13 8:30 Hydration Cart 9:30 Morning Exercise 10:00 Rey Religious Service 11:00 Let's be creative 2:00 Afternoon Family Bingo 2:00 Christian Service Bible Study (West DR)	
14 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Parachute - Sensory 11:00 Physical Activity 2:00 POKENO GAME 3:00 1-1 Arts and Crafts 4:00 Afternoon Social Hour	15 8:30 Hydration Cart 9:30 Morning Social - News 10:00 Left Right Center 11:00 Word Search Trivia 2:00 Afternoon Bingo 3:00 Music Sensory 4:00 Do you Remember	16 8:30 Hydration Cart 9:30 Group Sensory - Music 10:00 Volley Ball - Sensory 11:00 Board Games - Trivia 2:00 Homemade Pizza Party 3:00 Keep'em Laughing 4:00 Stress Relaxation	17 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Geographic Trivia 11:30 Outdoor `BBQ - Music 2:00 Baking Club - Social 3:00 Music Sensory 4:00 Group Activity - Movies	18 8:30 Hydration Cart 9:30 YOGA on TV 10:00 Hollywood Trivia 11:00 Arts and Craft 2:00 Outdoor Social Hour Strawberry Daquiri 4:00 1-1 Room Visits	19 8:30 Hydration Cart 9:30 Group Exercise - Music 10:00 Concentration 11:00 Presidential Trivia 2:00 Happy Hour (MDR) 2:00 Catholic Visits Bible Study (West DR)	20 8:30 Hydration Cart 9:30 Stretch and Flex 10:00 Manicures 11:00 History Circle 2:00 Family Bingo (MDR) 2:00 Christian Service Bible Study (West DR)	
21 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Outburst Trivia 11:00 Down Memory Lane 2:00 Religion with Rey 3:00 Music Relaxation 4:00 Welcome Committee	22 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Finish that tune 11:00 Floor Bowling 2:00 Afternoon Family Bingo - Social Hour 4:00 Welcome Committee	23 8:30 Hydration Cart 9:30 Group Activity - Sensory 10:00 Racket Ball Exercise 11:00 Finish the Phrase 2:00 HORSE RACING GAME 3:00 Name that movie star 4:00 Music Relaxation	24 8:30 Hydration Cart 9:30 News and Views 10:00 Physical Activity 11:30 Outdoor BBQ - Music 2:00 Are you Smarter than a 5th Grater 4:00 Welcome Committee	25 8:30 Hydration Cart 9:30 News - Group Exercise 10:00 Floor Bowling 11:00 Group Activity 2:00 Resident Birthday Party - Music 3:00 Stress Relaxation	26 8:30 Hydration Cart 9:30 Basket Ball Game 10:00 Reminiscing Group 11:30 Takeout Friday (Lunch McDonald) 2:00 Happy Hour (MDR) 2:00 Catholic Visits (West DR) 4:00 Music Relaxation	27 8:30 Hydration Cart 9:30 Physical Games 10:00 Religious with Rey 11:00 Jewelry Class 2:00 Afternoon Bingo (MDR) 2:00 Christian Service Bible Study (West DR)	
28 8:30 Hydration Cart 9:30 Chair Exercise 10:00 Group Activity 11:00 American Trivia 2:00 Horse Racing Game 3:00 Reminiscing Group 4:00 Matinee Movies	29 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Volley ball - Tennis 11:00 Table Games - Trivia 2:00 Resident Council Meeting - Social 4:00 Group Sensory Trivia	30 8:30 Hydration Cart 9:30 Thai Chi Exercise 10:00 Physical Activity 11:00 Reminiscing Group 2:00 IT'S TACO TUESDAY 3:00 Deal or No Deal Game 4:00 1-1 Rooms Visits	31 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Fact or Crap Trivia 11:30 Outdoor BBQ - Music 2:00 Waffles with ICE CREAM - Social Hour 3:00 Table Talk - Music	 JULY 2024			